



The San Pasqual Calling Rock



MEMEYU TEMEWA?

Education Department Graduation Night

Congrats to the 2019 Graduates!

On Thursday, May 9th, high school seniors from San Pasqual Reservation and surrounding reservations attended the 2019 SCTCA High School Graduation at Pala Reservation. Each graduating class member was recognized and given an Eagle feather by their respective Tribal Council's during the ceremony.

More Education News on Page 4.



San Pasqual 2019 graduates

Planning

As you may have heard, San Pasqual is standardizing its addressing system. Police, Fire, and emergency dispatchers have asked the Tribe to improve its inconsistent and confusing address system, which contributes to poor response times. The Planning department has developed a modern addressing system tailored to First Responder's needs, affecting almost every home on the Reservation. Most address numbers will change, and more than 40 new street names will be assigned in specific areas. The new system will come into effect on **July 1st**, at which point **emergency services will only use your new address.**

Continued on Page 6.

IN THE EVENT OF AN EMERGENCY,

CALL 911

IPAI
**YOU MUST USE YOUR
NEW ADDRESS:**

**[VWXYZ Streetname]
[Type], Valley Center,
CA [ZIP]**

Sample Refrigerator Magnet to be Distributed

San Pasqual Championship Teams

Two teams, 14U California Indigenous Athletes and 12U California Indigenous Athletes, that included kids from San Pasqual Band of Mission Indians, traveled to the Hard Count Athletics nationwide 5 on 5 flag football tournament in Morgan Hill, CA. The teams also included kids and coaches from Pauma, and Rincon. The 14U team took first place in the tournament and the 12U team took second place. The boys have played across the west all the way as far as Dallas, TX. A big thanks to coaches Keith Vasquez (San Pasqual), Mike Mendoza (Rincon), and Temet Majel (Pauma)!!



14U Team



12U Team



Stephen W. Cope
Chairman



Justin Quis Quis
Vice-Chairman



Tilda M. Green
Secretary-Treasurer



Dave Toler
Delegate



Joe Chavez
Delegate

Chairman's Corner



Dear Tribal Members,

This time of the year is always exciting. We were proud to see twenty-one of our children graduate from high school and have them presented with their Eagle Feather. We wish them much success as they take the next steps in their lives whether it be attending a college or starting their careers. In August, there will be a dinner honoring our college graduates. Our Education Center continues to provide support to our children and the community through sports, education, and cultural programs. Children can attend the Young Ipai Summer Program, participate in Mixed Martial Arts or take part in the Young Entrepreneurs. Stop by the center, and have your children get involved and enjoy some fantastic programs. Our Fire Academy continues to thrive, and we are now training the 37th Academy class. Public Works (PW) has been busy with work for Tribal members and residents clearing pads, putting in septic systems, and a host of other requirements. Soon, the PW and Planning Departments will be moving their offices to the Road Maintenance Yard on Kumeyaay Way. We also just received a \$347,000 grant award which will help us improve and expand our waste transfer station. As we approach the fire season, please take precautions to prevent fires. Have a Great Summer and enjoy it with your families.

General Welfare News

Save Money and Pay Less Taxes with General Welfare II!

General Welfare II is a non-cash accumulation towards a tax deduction at the end of 2019. The tax deduction accumulation can be up to \$24,000.00! The items that qualify are the same as for General Welfare I. You submit the documentation, and at the end of the year, you will get a statement you can use when filing your taxes. This is a great benefit to Tribal Members! If you have any questions, please contact Monique Herrera at 760-651-5124 or email at moniqueh@sanpasqualtribe.org

Domestic Violence Awareness

The NWRC, Director, Shyanne Boston, recently participated in the San Pasqual Earth Day festivities on April 6, 2019 at the San Pasqual Community Ball Field. A booth was set up and hand outs were disseminated to all who visited her booth. The objective of our organization is to bring awareness on the importance of safe and healthy environments for our Native people. We strive to bring mindfulness to the issues of domestic violence in Tribal communities. The NWRC provides resources such as: 1) Emergency Shelter, 2) Safety Planning, 3) Emergency Food and Clothing, 4) Education for the Community, 5) Transportation, 6) Danger Assessment and/or assistance in preparing and obtaining Restraining Orders, and 7) Court Accompaniment. The NWRC advocates for women and their families by promoting safety and a traditional non-violent lifestyle. We work towards empowering our Native Indian women with tools for independence, courage, and a strong direction to make healthy life choices for herself, her children, and family. The NWRC is a safe, anonymous and confidential service for Natives Americans affected by domestic violence, dating violence and sexual assault. An Advocate is available to assist you at no cost when you are ready to reach out for help. Contact Shyanne at: Office - (760) 651-5171 or Cell – (760) 484-2318



Traditional Skirt Sewing Project

For Spring Break the San Pasqual Education Center provided material, sewing machines and irons for a traditional Bird Skirt sewing project for the San Pasqual Native youth. Students met at the San Pasqual Education Center on April 15-16, 2019 to make their very own Bird Skirt. The girls were given the opportunity to pick out their choice of fabric, measure and cut fabric to needed lengths, and sew the fabric together with sewing machines. Everyone worked together and created their own unique skirts. Most of the ladies who attended this event were first time bird skirt makers. It was a great time and the energy in the room was gratifying. This project was in collaboration with the Native Women's Resource Center and the San Pasqual Housing & Community Development who provided the funds for purchasing the materials. This was an opportunity to introduce domestic violence and teen dating violence awareness to the young girls that participated. There were approximately twenty (20) participants. For more information on educational services please call Lorraine Orosco, Director or Deana Martinez, Program Manager: (760) 751-1474.



Participants show their creations

Fire Department Awards

Recently, Chief Rodriguez presented accommodation awards for Firefighter of the year and Captain of the year. He also handed out appreciation awards for the individuals who served on the new brush engine specification committee they are as follows: Battalion Chief Kenneth Yarger, Captain Daniel Martinez, Captain Julian Clay, and Engineer Gene Jose. Chief Rodriguez named two Firefighters of the year. Firefighter Todd Baham was selected for his continued support in arranging all the vendors and exhibitor's for the department's annual prevention day year after year. Joseph Morales was picked by his captains as the 2018 Firefighter of the year. Captain Richard Vance was recognized as fire officer of the year for outstanding leadership and professionalism and stepping up to handle other station duties such as the National Fire Incident Reporting System (NFIRS) and being the station training officer.

Education Department News

Boxing Classes

In partnering with Johnny Hughes, the San Pasqual Education Department is offering boxing classes for students ages 11-18. Currently seven students participate every Wednesday and Friday night from. Classes are held at the North County Ultimate Fitness Gym down in Escondido. These classes not only provide the students with hands on training, but it also provides a positive way for students to release any stress they may have. In the photo at right we can see students Delilah Garcia and Lucinda Blanco practicing their techniques with one of the trainers. Students are able to box with each other while training together. A strong sense of community can be seen at all the practices. The Education Department also offers ice cream after every two practices, allowing the students to bond with each other while exposing them to a positive environment. Soon our students will be able to jump in the ring and put their practice to the test. If you would like to have your student join our boxing family, call the Education Department for more information. We hope to see you at our next class!



Recent boxing class

Kumeyaay Language

Howka! Soon every student will learn more than just the word “hello” in Kumeyaay. What started as just a small group of students learning their native language has now grown into a group of twelve individuals. As part of the Education Departments efforts in culture revitalization, we’re glad to present cultural Fridays. Every *Fun Friday* we open our doors to teach students about their culture and their language. At these classes we not only teach



Chris Chaipos teaching a Fun Friday Kumeyaay Language Class

our students how to speak Kumeyaay, but, we also incorporate fun games that allow our students to practice their Kumeyaay skills. For our first class we taught our students how to count in Kumeyaay. Students were able to practice their skills by playing a game of Pushook. Tahaya Blume (1st grade) was the winner of our contest, beating both staff and students. In our second class, students learned how to introduce themselves and how to say “I’m from ____” in Kumeyaay. We then played a friendly game of “I met you first.” This new game challenged students to test who could introduce themselves faster than the other students. In a close match, Isaiah Trevino (1st grade) faced Talise Blume (3rd grade). Both students were able to introduce themselves, but it was Isaiah Trevino who was able to say it faster. He became our first “I met you first” champion. Students are learning about the Kumeyaay culture all while having fun and gaining great sportsmanship in competitions. Our classes meet every *Fun Friday*. For more information on getting your children involved in the Kumeyaay culture classes please call the Education Department.

More Education News on page 8,



IPAI COMMUNITY LOAN FUND

We're Loan Taking Applications!

SAN PASQUAL BAND MEMBERS

***ELIGIBLE FOR UP TO \$5,000**

SAN PASQUAL BAND EMPLOYEES

***ELIGIBLE FOR UP TO \$2,500**

PICK UP AN APPLICATION PACKAGE TODAY!

CONTACT
LENELL CARTER
(760) 651-5129

*ELIGIBILITY IS BASED ON BORROWER MEETING UNDERWRITING STANDARDS SET BY CREDIT COMMITTEE

INDIAN HEALTH COUNCIL &
SOLIDARITY FARMS PRESENTS

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indianhealthcouncil
www.indianhealth.com



COOKING ON THE FARM

Wellness At It's Roots



Every Wednesday thru July 24, 2019 at 9 am

Learn about healthy living as we harvest together, cook together, and eat as a family.
Located on 76 and South Cole Grade.
Take your first left at the barn and the farm will come up on your right. 14909 Pauma Valley Dr, Pauma Valley, CA 92061



Empowering Native Wellness
**IHC TPWIC & INDIGENOUS
REGENERATION PRESENTS:**

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indianhealthcouncil
www.indianhealth.com

**Summer Solstice
Kumeyaay Cosmology & Inter-Tribal Camp**

KUMEYAAY COSMOLOGY WITH
MICHAEL CONNOLLY

KUMEYAAY ETHNOBOTANY AND
PLANT WALK WITH RICHARD BUGBEE

CAMPFIRE JAM SESSION WITH
PAUL CANNON

TRADITIONAL FOODS

INDIGENOUS RELAY RACE

SUNRISE YOGA & MORNING PRAYER

JUNE 22-23, 2019

SATURDAY 11AM-SUNDAY 11AM

(TRIBAL COMMUNITY EVENT. CAMPING IS LIMITED AND YOU MUST
RESERVE YOUR SPOT)

TELESCOPES ON SITE

MATA' YUUM 17471 PARADISE MT RD
SAN PASQUAL INDIAN RESERVATION
VALLEY CENTER, CA 92082
Michele Nelson, IHC Tribal Practices Coordinator
(760) 749-1410 ext 5299



EMPOWERING NATIVE WELLNESS



JOIN THE OPIOID ACTION COALITION!!

YOUR INPUT IS NEEDED TO HELP INDIAN HEALTH COUNCIL, INC. DO OUR PART IN COMBATING THE OPIOID CRISIS THAT IS DEVASTATING OUR COMMUNITIES.

IHC WILL BE PROVIDING A SAFE, CONFIDENTIAL FORUM FOR KEYSTAKEHOLDERS FROM ALL WALKS OF LIFE TO VOICE CONCERNS, OPINIONS, FRUSTRATIONS AND STRATEGIES TO HELP US BUILD AN ACTION PLAN FOR OUR FIGHT AGAINST THE OPIOID CRISIS.

COALITION MEETINGS WILL BE HELD
AT INDIAN HEALTH COUNCIL
HOSTED BY TRIBAL LOCAL OPIOID
COALITION COORDINATOR
RICK ROMERO

**MEETINGS
WILL BE HELD
4TH
WEDNESDAY
OF EVERY
MONTH, 11 AM**

PLEASE CONTACT FOR QUESTIONS,
CALL:
760-749-1410 EXT. 5340 OR EMAIL
rromero@indianhealthcouncil.com

Follow US
f y t i
indianhealthcouncil
www.indianhealth.com

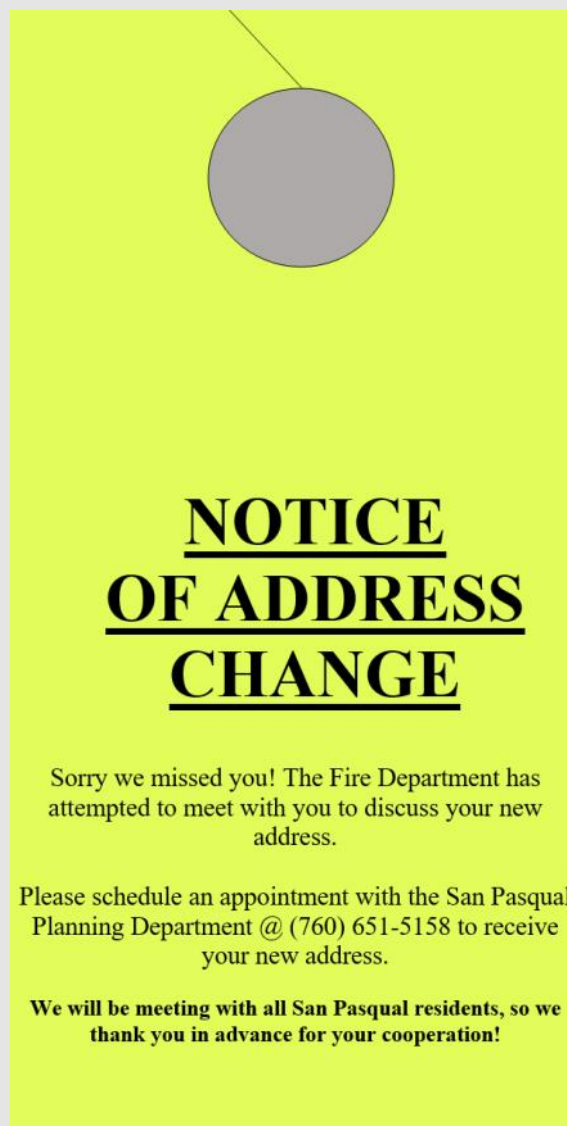
Address Changes continued from page 1.

Although the main motivation behind this change is improving police, fire, and ambulance response times, it should also alleviate some of the personal headaches that come with the status quo. With a proper address, Amazon and postal deliveries can be made right to your door. The Public Works department is simultaneously upgrading our sign infrastructure, so when you give a friend or relative your address, they can navigate to your home using street name signs. The Planning department is working to submit updated addresses to Google Maps and Apple Maps.

San Pasqual is dedicated to making sure everyone is on the same page about this process. The Fire Department will send personnel door-to-door over the next month to communicate key aspects of this transition:

CALL 911 in the event of an emergency, *NOT* the local fire station
You **MUST USE YOUR NEW ADDRESS** starting **July 1st**

Personnel will ask for your SDG&E meter number so the Tribe can change your address for SDG&E billing. Door-to-door outreach will focus on District B in May, and Districts A & C in June. Informational door hangers will be left on premises if no one is home at the time.



Door hanger to be distributed
if no one is home

CLOSED WEEKENDS &
HOLIDAYS
MUST SIGN IN BEFORE DROP OFF'S

*Upcoming Open Dump
Saturday's*

8:00 AM - 12:00 PM

SATURDAY JUNE 22, 2019
SATURDAY JULY 20, 2019

Environmental News

The San Pasqual Environmental and Water Departments strive daily to improve and preserve the environmental quality of the San Pasqual Reservation. This includes but is not limited to surface and ground water quality testing, managing solid waste, native plant restoration, erosion control, renewable energy, illegal dump clean up, site restoration, and Environmental education and outreach.

Fire Department News

Prepare for Wildfire—Maintain Defensible Space

Creating defensible space is essential to improving your home's chance of surviving a wildfire. It's the buffer you create between a building on your property and the grass, trees, shrubs, or any wildland area that surround it. This space is needed to slow or stop the spread of wildfire and it protects your home from catching fire- either from direct flame contact or radiant heat. Defensible space is also important for the protection of the firefighter defending your home.



Zone 1— This zone extends 30 feet out from buildings, structures, decks, etc.

- ♦ Remove all dead plants, grass, and weeds.
- ♦ Remove dead or dry leaves and pine needles from yard, roof, and rain gutters.
- ♦ Trim trees regularly to keep branches a minimum of 10 feet from other trees.
- ♦ Remove branches that hang over your roof and keep dead branches 10 feet away from your chimney.
- ♦ Relocate wood piles to Zone 2.
- ♦ Remove or prune flammable plants and shrubs near windows.
- ♦ Remove vegetation and items that could catch fire from around and under decks.
- ♦ Create a separation between trees, shrubs, and items that could catch fires.

Zone 2— This zone extends 100 feet out from buildings, structures, decks, etc.

- ♦ Cut or mow annual grass down to a maximum height of 4 inches.
- ♦ Create horizontal spacing between shrubs and trees.
- ♦ Create vertical spacing between grass, shrubs, and trees.
- ♦ Remove fallen leaves, needles, twigs, bark, cones, and small branches. However, they may be permitted to a depth of 3 inches.



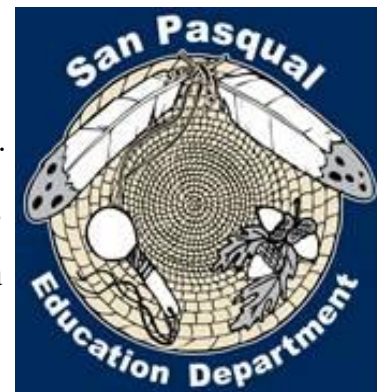
Example of Defensible Space Zone

Two zones make up the required 100 feet of defensible space.

Be sure to check with your local Fire Department for red flag warning and burning permits. Contact the San Pasqual Fire Department (non-emergency) at 760-749-7542.

More Education Department News

The Education Department is pleased to announce that we recently received funding from the Office of Juvenile Justice and Delinquency Prevention (OJJDP), under the Department of Justice (DOJ), to develop a Tribal Youth Crime Prevention Program for the Native Youth in the San Pasqual community. The goal of this program is to decrease the number of at-risk youth and prevent future crime and delinquency. This will be achieved through education, culture, and community partnerships that offer resources and support to our youth, their families, and the community. For more information about the program or if you are interested in joining our advisory committee please contact Steven White, Youth Prevention Program Manager at stevenw@sanpasqualtribe.org. Thank you in advance for your support!



5th Graders Learn Business Skills

On Wednesday, March 6th, 2019, our Lilac 5th graders went to Biztown. In this hands on experience they learned how to manage other people, manage their time wisely during breaks, and learned how to write checks. They also had to dress professionally and interview for their jobs. It was a great way to teach them some responsibilities for their future. They had a blast!



(From Left to right) Jesse Morales/Heath Musick/Austin Alvarado



Kumeyaay Nation 2019 College Graduation Dinner

*will be held on
August 1st, 2019*

PLEASE SUBMIT FOLLOWING INFORMATION TO
AUBRINAC@SANPASQUALTRIBE.ORG

- NAME OF STUDENT
- NAME OF COLLEGE
- DEGREE MAJORED IN
- MAILING ADDRESS
- CERTIFICATION OF INDIAN

Registration Deadline is June 17th, 2019



If you have any questions please call San
Pasqual Education
Department at (760)751-1474

Upcoming ITS Sports

INTER TRIBAL SPORTS INTRODUCES

CROSS COUNTRY

COMING IN FALL 2019

STARTING EVENT: AUGUST 24
 OPENING DAY: SEPTEMBER 14
 WEEK 2: SEPTEMBER 28
 WEEK 3: OCTOBER 12
 CHAMPIONSHIPS: OCTOBER 26



Indigenous Regeneration – Earth Day

On April 6th, 2019, Indigenous Regeneration hosted the 1st Unite the Tribe – San Pasqual Earth Day Benefit Concert. The San Pasqual Environmental Department had the privilege of working with Indigenous Regeneration (IR) on planning Unite the Tribe 2019. It was a beautiful day and a wonderful event for the community. The event consisted of family fun, environmental outreach, music and the unveiling of the new Elders Medicine Trail and Wetlands. The ribbon cutting ceremony for the site was conducted by Vice Chair Justin Quis Quis and representatives from the founding organizations. The ceremony, and an educational walk led by Lacey Cannon of IR, officially opened the Trail to the community. The Elders Medicine Trail and Wetlands were made possible through a Natural Resource Grant and a collaboration between the San Pasqual Band of Mission Indians and Indigenous Regeneration, the volunteers, and the youth from All Tribes Charter School. The day was blessed with live performances by Nahko, Zella Day, Xiuhtezcatl, Paul Cannon Iron Sage Wood & Rob Machado, Psydecar, The Originators, Alexxa Casanova, Melissa Villalobos, and youth from Rezbeatz.

In addition, a special thank you to the event sponsors for their support: The San Diego Foundation, Dr. Bronner's, Sycuan Casino and Resort, SDG&E, San Diego Dentistry Studio, HARO BMX, and Taylor Guitars.

Check out the following link for a video recap of the event –
[HTTPS://YOUTUBE/C5VRDSQ1_EO](https://youtube.com/C5VRDSQ1_EO)



ITS Flag Football

ITS Opening Day for Flag Football was held at the Barona Indian Reservation on April 6, 2019. The San Pasqual B-Team, coached by Keith Vasquez, held a Mercy Rule victory over Pechanga, and the C1-Team, coached by Darrius Ochoa-Williams, also held a Mercy Rule victory over Sycuan. The C2-Team, coached by Janel Bolanos, had a tough game against Pala which resulted with a 27-12 loss. The A-Team, coached by Keith Vasquez Jr., had help from the B-Team because of low attendance but was defeated against Viejas. But throughout the games, the young players played great and showed great sportsmanship towards their opponents. Lastly, we'd like to give a big round of applause to our 2019 Flag Football season Dream Catchers cheerleaders. The girls rocked their opening day performance. San Pasqual Dream Catchers include Asha Raya, Alexandria Trevino, Kaleesia Godfrey, Kastaliya Godfrey, and Khloe Quevedo.



ITS Cheer



Flag Football Training Camp

Dr. Seuss Celebration

In celebrating Dr. Seuss birthday, March 4th through the 7th was spirit week for the San Pasqual Pre-K classroom. The children loved it as they were able to participate in crazy hair day, hat day, sports day, and wacky Wednesday.



Pre-K children enjoying an activity outside



Flag Football Camp

ITS Flag Football has arrived, and the San Pasqual Indian Reservation hosted a football camp on March 30, 2019 at the San Pasqual Ball Fields. We had the honor of inviting the Pro Way Coaching Staff to come out and coach the kids through a series of exercise stations and position training. Many young players and coaches from different reservations participated in the camp and had a great time. Each of the coaching staff held an exercise station and taught the kids basic training on a specific position. Students also learned the fundamentals and discipline of the game. Players did a great job during the camp from start to finish and are ready to put their training to work during this season.

Calendar of Events:

General Council Meeting

July 14th, 2019 @ 10:00am - Tribal Hall

Office Closures

July 4th, 2019 - Fourth of July

September 2nd, 2019 - Labor Day

September 27th, 2019 - Kumeyaay Day

Fire Academy News

San Pasqual Reservation Fire Academy Class #36 graduated 38 students on April 13, 2019 and Class #37 started on June 3, 2019.



Be the First to Know - San Pasqual Text and Email Alerts

The San Pasqual Tribal Government is now offering text and email notifications for important events, meetings, and emergencies affecting Tribal residents. If you would like to receive these notifications, please go to the Tribe's website. The form is located on the "Publications" page. You can also go to <https://bit.ly/2FW9Oct> to go directly to the form.

Please return your form via email to ithelp@sanpasqualtribe.org or drop off at the Tribal Hall front desk. You may also direct any questions to this email address. Thank you.

Please fill out the form or contact ithelp@sanpasqualtribe.org if you have previously filled out the form and are not receiving text or email alerts.

UPDATE!

IPAI COMMUNITY LOAN FUND

CONSUMER TIP – WHEN TO BUY – WHAT!!!

Whether it's furniture, mattresses, or air conditioners — everything hits a rock-bottom price sometime during the year. The problem is most people can never remember when those times are!

Here's a list of items to help you out over the next three months.



June

Dishes, tools (Father's Day idea), pool and beach supplies, sunscreen, BBQ items, gardening supplies, and gym memberships

July

Grill supplies, garden supplies

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San Pasqual band of mission Indians
P.O.Box 365
16400 Kumeaya Way, Valley Center,
CA 92082

